

## **MANIFESTATION IS CYCLICAL: THERE IS A SEED THAT MUST BE PLANTED, TIME MUST BE GIVEN, AND THEN THE HARVEST**

As I am sitting here this morning, I am thinking about “How” things happened in our lives to bring deliverance from prison and healing from cancer. There truly was a time when we “planted seeds,” and then there was a time when we had to “wait,” or give “time” for what we had planted to become a “harvest.” In our society today, we all want things to happen overnight. We like everything fast and in a hurry! Just look at how many fast food restaurants we have in our country today. Now, businesses of other industries have “drive-thru” service. When we think about bringing something to pass, we must remember the “process.” There is a seed, time to grow, and then the harvest (always in that order).

In the year 2011, I made a decision to stop everything I was doing (other than my job of course) so that I could “Focus” on getting out of prison. I mean I devoted all of my extra time to reading articles about criminal justice reform, excessive sentencing, juvenile life sentences, etc. My entire thought life was dominated by “how to get out.” I was writing letters almost daily and mailing them out to any and every organization that would listen. Little did I realize then that I was sowing seeds towards my deliverance! Every ACT and every CHOICE we make is a SEED. We are actually “sowing” something into this Universe we live in. What happens with most of us is that we get impatient with the “Process” and give up BEFORE manifestation comes. Remember, just like a farmer, we must plant, TEND to what we have planted (water, remove weeds, adequate sunshine, etc.) and only then will there be a harvest. The “Tending” part is where most of us give up. Tending has to do with several things:

1. Our thought life is so very important in bringing something into manifestation. We can’t expect one thing to happen and in our minds be doubtful about it coming to pass. Our THOUGHTS must align with what we are expecting.
2. We must remove the weeds. Weeds consist of other people saying things that would cause us to doubt what we are believing for. We have to make sure we are surrounding ourselves with people who SUPPORT our vision. Other people (especially family members and close friends) can do the most damage because what they say to us matters. Sometimes we have to remove ourselves from family members who cannot “see” what we are believing for. They are a “type” of weed that can kill the seed that we have planted. Watering the Seed has to do with what we SAY or are CONTINUING TO SAY. We must SPEAK WORDS that line up with what we are expecting to come to pass. Contrary words will also kill the seed that was sown.

3. Finally, we must be patient in our waiting and give TIME for our harvest. Nothing grows overnight, it's a Principle that we can learn from the farmer. Once we've sown the seed, and tended to it, now we must wait and give time for it to come to pass.

In three months, after I was reading everything I could and writing letters to every organization who would listen, my brother Lionel showed up who I hadn't seen in twenty years (a type of manifestation)! He built the Facebook page and the website that would allow my wife, Vandy, to find me (another manifestation). Then, we were plastered over the front page of the New York Times in July of 2016 (another manifestation)! In the year 2018, I was released from prison, almost six years later. There was a Seed, there was Time for growth, and then there was a Harvest!